

7aoist Arts Organisation

2016 COURSE CALENDAR

Date	Course	Location
9 th & 10 th Jan	Tui Na course 1 Part 1 of 2	Beckenham
16 th & 17 th Jan	Instructor weekend	Twyford
29 th – 31 st Jan	French weekend course	Tours
12 th – 14 th Feb	Chi Shu weekend	Rüsselsheim
20 th & 21 st Feb	Instructor weekend	Twyford
_+h /		
5 th /	UK Regional weekend	Harrogate /
6 th Mar	course	Lincoln
25 th – 27 th Mar	Easter Residential	Bloxham School
28th – 31st Mar	Tui Na Course 1 residential	Bloxham School
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8th & 9 th /	UK Regional weekend	Newtown/
10 th Apr	course	Leamington Spa
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15 th – 17 th Apr	German weekend course	Bonn
23 rd & 24 th Apr	Instructor weekend	Twyford
5 th – 8 th May	French Summer Course	Tours
14 th & 15 th May	Chi Shu (Part 1 of 2)	Beckenham
	If sufficient bookings – see below	
21 st May	BCCMA Fight Night 6	

25 th – 29 th May	German Summer Course	Rüsselsheim
11 th & 12 th June	Themed weekend course	Twyford
	& AGM open to all	
25 th & 26 th June	Tui Na Course 1 (part 2 of 2)	Beckenham
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17 th July	BCCMA National Championships	Gillingham
24 th – 29 th July	UK Summer Residential	Harlaxton Manor
24° – 29° July	OK Summer Residential	
30 th Jul– 2 nd Aug	Tui Na Course 2	Harlaxton Manor
3 rd & 4 th Sep	Instructor weekend	Twyford
17 th & 18 th Sep	Chi Shu (Part 2 of 2)	Beckenham
	If sufficient bookings – see below	
24 th & 25 th Sep	Weapons Course	Leamington Spa
2 nd Oct	BCCMA National Tai Chi	Hatfield
	Championships	
15th Oat	DCCMAA Fisht Night 7	
15 th Oct	BCCMA Fight Night 7	
29 th & 30 th Oct	Instructor weekend	Twyford
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11 th & 12 th /	UK Regional weekend	Boston /
13 th Nov	course	Kings Lynn
18 th – 20 th Nov	German Weekend Course	Bonn
25 th – 27 th Nov	UK Regional weekend	Newcastle
	course	Upon Tyne
- 4h		
10 th & 11 th Dec	Instructor weekend	Twyford

Notes

Chi Shu Courses:

- The Russelsheim weekend in February is open to all.
- The 2 UK weekends come as a package and will only run if sufficient places are booked. Booking is open to all members. Training fees are £140 for the 2 weekends. 20 places are available. To book contact Anne (<u>annemanasse@blueyonder.co.uk</u>) with a £70 deposit. This is nonreturnable unless the TAO cancels the course.

Tui Na Courses:

- Booking is open only to those who have been involved in the programme of training to date and they will be given full course details separately.
- Would anyone wishing to embark on Tui Na training please let Anne know (<u>annemanasse@blueyonder.co.uk</u>) so we can arrange groups to suit those interested.

Weapons Project:

This year we will continue to work through the **Sword Form**, from 90 to the end, over the same training pattern as usual:

- Easter Residential: Friday afternoon and Saturday afternoon (90 120)
- UK Summer Residential: Monday afternoon and Tuesday afternoon (120 150)
- Weapons weekend: 150 160 to the end plus applications in the second half of the form.

Any students may join any of the sessions but only the prescribed sections of the form will be taught.

Booking:

For UK regional courses the booking will be opened about 2 ½ months ahead of the course via an email with details of venues and timing. These are open to members and non-members. If you have any queries before that contact Anne (annemanasse@blueyonder.co.uk)

For the residential courses, booking will be opened by the publication of a form in the newsletter. These are for members only.